

Bath County Public Schools FEBRUARY 2018 Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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*A prepared garden salad will be offered daily as a vegetable choice in all schools.

*All schools offer an alternative lunch entrée.

*All breakfasts are served with fruit and 100% fruit juice.

*All meals are served with a choice of low-fat or fat-free milk. (White, Chocolate, Strawberry)

*Menus are subject to change depending on prices and availability of food items.


USDA is an equal opportunity provider and employer.

MEAL PRICES			
Breakfast:	Lunch:		
Grades PK-5: \$.90 reduced \$0	Grades PK-5: \$1.65 reduced \$0		
Grades 6-12: \$1.15 reduced \$0	Grades 6-12: \$1.90 reduced \$0		
Adult: \$1.50	Adult: \$3.00		

<p style="text-align: center;">1</p> <p style="text-align: center;"><u>BREAKFAST</u> Sausage Biscuit <u>OR</u> Yogurt, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Philly Cheese Steak on Bun, Macaroni Salad, California Blend, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">2</p> <p style="text-align: center;"><u>BREAKFAST</u> Chicken Biscuit <u>OR</u> Cereal, Biscuit</p> <p style="text-align: center;"><u>LUNCH</u> Mini Corn Dogs, Baked Beans, Sweet Potato Wedges, Tossed Salad, Choice of Fruit</p>
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<p style="text-align: center;">5</p> <p style="text-align: center;"><u>BREAKFAST</u> Bagel w/ Cream Cheese <u>OR</u> Cereal, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Grilled Cheese Sandwich, French Fries, Vegetable Soup, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">6</p> <p style="text-align: center;"><u>BREAKFAST</u> Breakfast Pizza <u>OR</u> Yogurt, Cinnamon Crisps</p> <p style="text-align: center;"><u>LUNCH</u> Asian Chicken, Rice Pilaf, Stir-Fry Vegetables, Tossed Salad, R/O Veggie Cup, Choice of Fruit</p>	<p style="text-align: center;">7</p> <p style="text-align: center;"><u>BREAKFAST</u> Parfait <u>OR</u> Cereal, Graham Cracker</p> <p style="text-align: center;"><u>LUNCH</u> Hamburger on Bun (L/T), Sweet Potato Puffs, Peas, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">8</p> <p style="text-align: center;"><u>BREAKFAST</u> Sausage Biscuit <u>OR</u> Yogurt, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Pizza, Veggie Confetti, Tossed Salad, Choice of Sidekick or Fruit</p>	<p style="text-align: center;">9</p> <p style="text-align: center;"><u>BREAKFAST</u> Mini Breakfast Bar <u>OR</u> Egg, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Corn Dog, Baked Beans, California Blend, Tossed Salad, Choice of Fruit</p>
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<p style="text-align: center;">12</p> <p style="text-align: center;"><u>BREAKFAST</u> Egg Biscuit <u>OR</u> Cereal, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Valentine Chicken Nuggets, French Fries, Green Beans, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">13</p> <p style="text-align: center;"><u>BREAKFAST</u> Breakfast Pizza <u>OR</u> Yogurt, Cinnamon Crisps</p> <p style="text-align: center;"><u>LUNCH</u> Sloppy Joe on Bun, Baked Beans, Cole Slaw, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">14</p> <p style="text-align: center;"><u>BREAKFAST</u> Pancake on a Stick <u>OR</u> Cereal, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Grilled Cheese Sandwich, Tomato Soup, Crackers, Broccoli Florets w/ Ranch Dressing, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">15</p> <p style="text-align: center;"><u>BREAKFAST</u> Sausage Biscuit <u>OR</u> Yogurt, Graham Crackers</p> <p style="text-align: center;"><u>LUNCH</u> Mozzarella Cheese Sticks, Marinara Sauce, Corn, Broccoli, Biscuit, Spinach Salad, Choice of Fruit</p>	<p style="text-align: center;">16</p> <p style="text-align: center;"><u>BREAKFAST</u> Apple Breakfast Bites <u>OR</u> Cereal, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Ham/Cheese Croissant (L/T), Sweet Potato Wedges, Peas, Caesar Salad, Choice of Fruit</p>
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<p style="text-align: center;">19</p> <p style="text-align: center;"><u>BREAKFAST</u> Pancakes <u>OR</u> Cereal, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Salisbury Steak w/ Gravy, Mashed Potatoes, Green Beans, Roll, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">20</p> <p style="text-align: center;"><u>BREAKFAST</u> Breakfast Pizza <u>OR</u> Yogurt, Cinnamon Crisps</p> <p style="text-align: center;"><u>LUNCH</u> Turkey/Cheese Croissant (L/T), French Fries, Spinach Salad, Choice of Fruit</p>	<p style="text-align: center;">21</p> <p style="text-align: center;"><u>BREAKFAST</u> French Toast Sticks <u>OR</u> Cereal, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Spaghetti w/ Meat Sauce, Broccoli, Spinach Salad, Breadstick, Choice of Fruit</p>	<p style="text-align: center;">22</p> <p style="text-align: center; font-size: 1.2em; font-weight: bold; color: #008000;">PUPIL HOLIDAY</p> <p style="text-align: center;">Parent-Teacher Conferences (Progress Reports) 1:00-4:00 PM; 4:30-7:00 PM</p>	<p style="text-align: center;">23</p> <p style="text-align: center; font-size: 1.2em; font-weight: bold; color: #008000;">PUPIL HOLIDAY</p> <p style="text-align: center;">Teacher Inservice 8:15 AM-3:30 PM</p> <div style="text-align: center;">  </div>
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<p style="text-align: center;">26</p> <p style="text-align: center;"><u>BREAKFAST</u> Cini Minis <u>OR</u> Cereal, Graham Crackers</p> <p style="text-align: center;"><u>LUNCH</u> Pizza, Carrots, Peas, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">27</p> <p style="text-align: center;"><u>BREAKFAST</u> Breakfast Pizza <u>OR</u> Cereal, Toast</p> <p style="text-align: center;"><u>LUNCH</u> Barbeque on Bun, Baked Potato Boat, Cole Slaw, Tossed Salad, Choice of Fruit</p>	<p style="text-align: center;">28</p> <p style="text-align: center;"><u>BREAKFAST</u> Parfait <u>OR</u> Cereal, Graham Crackers</p> <p style="text-align: center;"><u>LUNCH</u> Turkey w/ Gravy, Mashed Potatoes, Green Beans, Sliced Bread Spinach Salad, Choice of Fruit</p>	<p>Grades K-12 COMPLETE BREAKFAST: Each student must be offered: 1 oz. eq. grain daily, 1 cup fruit to include ½ cup juice, ½ cup fruit piece(s), 1 cup milk, Additional item - 1 oz. eq. (grain or optional M/MA). Each student must select: At least <u>three</u> of the four food items offered, 1 selection must be at least a ½ cup of fruit.</p> <p>Grades K-8 COMPLETE LUNCH: Each student must be offered: 1-2 oz. eq. meat/meat alternate item (9-10 oz. over the course of the week), 1-2 oz. eq. grain item (8-10 oz. over the course of the week), ½ cup fruit, ¼ cup vegetables, 1 cup of low-fat or fat-free milk. Each student must select: At least <u>three</u> of the five food components offered, 1 of the selections must be a minimum of ½ cup serving of fruit or vegetable.</p> <p>Grades 9-12 COMPLETE LUNCH: Each student must be offered: 2 oz. eq. meat/meat alternate item (10-12oz. over the course of the week), 2 oz. eq. grain item (10-12 oz. over the course of the week), 1 cup fruit, 1 cup vegetables, 1 cup of low-fat or fat-free milk. Each student must select: At least <u>three</u> of the five food components offered, 1 of the selections must be a minimum of ½ cup serving of fruit or vegetable.</p>
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